



## PERSONAL INFORMATION

Kinza Kanwal

📍 House No. 439, Street No. 18, A-Block, Media Town, Islamabad (Pakistan)

✉️ [kinza@ndu.edu.com](mailto:kinza@ndu.edu.com)

## EDUCATION AND TRAINING

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- 01/04/2024 - Continue **Doctor of Philosophy (PhD) in International Relations**  
Bahria University, Islamabad (Pakistan)
- 22/02/2021 - 02/11/2022 **Master of Philosophy (M.Phil.) in Public Policy**  
Riphah International University, Islamabad (Pakistan)  
**CGPA: 3.93/4 (Gold Medalist)**  
**Thesis Title:** Inclusive Education; A Case Study of transgender in Pakistan  
**Short Details:** Barriers on the way of inclusive Education for transgender, the viewpoint of stakeholders (School heads of Public Schools) and important policy recommendations to promote Inclusive Education of Transgender.
- 04/03/2007–24/12/2009 **Master of Arts in Political Science**  
University of the Punjab, Lahore (Pakistan)
- 04/03/2020–24/8/2021 **Bachelor of Education (B. Ed)**  
Virtual University Lahore (Pakistan)  
**CGPA: 3.67**  
**Thesis Title:** Impact of Covid-19 on Education: A case study of Islamabad Pakistan
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## COURSES

14/02/2022

14/02/2022

Coursera certificate in Qualitative Research Method from University of Amsterdam

Coursera certificate in Quantitative Research Method from University of Amsterdam

## WORK EXPERIENCE

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03/09/2024–Till date

Lecturer (GPP)

**National Defence University, Islamabad (Pakistan)**

16/07/2022–16/07/2024

Lecturer and Head of Department (Pakistan Studies, Social Studies & History)

**Benchmark College, O/A Level Campus, GT Road, Rawalpindi (Pakistan)**

06/02/2022–30/08/2023

Visiting Lecturer

**Foundation University, New Lalazar, Rawalpindi (Pakistan)**

02/01/2012–16/07/2022

Lecturer and Head of Department (Pakistan Studies)

**Dr. AQ Khan School and College, Bahria Town, Islamabad (Pakistan)**

01/04/2011–31/12/2011

Lecturer Pakistan Studies and Political Science

**Government College for Women, Rawalpindi (Pakistan)**

## PERSONAL SKILLS

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- Have excellent communication and written skills in English to deliver points in precise.
- Have expertise using computers and well versed with the usage of Microsoft office tools namely Microsoft Word, Access, Excel, Powerpoint to give presentations. Also have mastered to operate internet and email efficiently.
- Possess resource management, time management and discipline management skills.
- Strong logical and analytical skills
- Self-motivation, an initiative with a high level of energy.
- Able to inspire, comfort, build self-esteem.

- Confident, articulate, and professional speaking abilities (and experience).
  - Empathic listener and persuasive speaker.
  - Writing creative or factual.
  - Speaking in public, to groups, or via electronic media.
  - Excellent presentation and negotiation skills.
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#### ORGANIZATIONAL/ MANAGEMENT SKILLS

- Able to lead others in high-demand situations.
  - Delegating tasks or responsibilities.
  - A genuine desire to achieve, excel and evolve.
  - Ability to work independently in a fast-paced environment.
  - Good understanding of emerging technologies and their applications.
  - Strong interpersonal skills and positive work ethics.
  - Teaching formal or informal.
  - Can works very efficiently even under pressure.
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#### LANGUAGES

- English: Excellent Spoken & Written Skills
- Urdu: Excellent Spoken & Written Skills

#### ADDITIONAL INFORMATION

#### PUBLICATIONS IN HEC APPROVED JOURNALS

<https://doi.org/10.5281/zenodo.7353476>.

Kanwal, K., Rasheed, H. and Rana, A. ur R. 2022. Electronic Voting System in Pakistan: Benefits and comparative Analysis with Traditional Voting System. *Journal of Policy Research*. 8, 2 (Aug. 2022), 94–103. DOI:

<https://www.bbejournal.com/index.php/BBE/article/view/412>.

RASHEED, H., KANWAL, K., & ABBAS, N. (2022). CPEC AND THE CHALLENGES FOR THE ENERGY SECTOR OF PAKISTAN. *Bulletin of Business and Economics (BBE)*, 11(1), 222-227. Retrieved from

<https://doi.org/10.70670/sra.v3i4.1304>

Kanwal, K., Rasheed, H., & Ummar, M. (2025). From Exclusion to Inclusion: Understanding Barriers to Transgender Inclusion in Pakistani Schools. *Social Science Review Archives*, 3(4), 2298-2307.

#### REFERENCES:

1. **Dr. Rashid Aftab**  
Professor and Director  
Department of Public Policy  
Riphah International University Islamabad  
e-mail: [rashid.aftab@riphah.edu.pk](mailto:rashid.aftab@riphah.edu.pk)
2. **Dr. Musab Yousufi**  
Assistant Professor  
HEC Approved Supervisor  
In-charge Research  
Riphah Institute of Public Policy  
Riphah International University Islamabad

